Resource center opens in Belmar for people affected by shooting

The center opens Thursday, the Lakewood Police Department said, and will serve anyone affected by the spree that killed 5 and injured 2 later this week, said Lakewood Police Department PIO.

Resource and mental health therapists will be available to the public, said PIO and no one will be turned away.

The center will be open Thursday from 9 a.m. to 7 p.m. and Friday from 9 a.m. to 5 p.m., across from the First House at 7369 W. Alaska Dr. in Lakewood.

It is a small building that says “Core Cycling and Wellnexus.”

Mental Health Resources

Colorado Crisis Services

There are four ways to get confidential and immediate help by phone at 1-844-422-2222, text message (text “TALK” to 68888), or online chat service, or access in centers throughout metro Denver, southern, the southeast region and the western slope. Many of these services are available 24/7.

Trained counselors are available to help with relationship problems, depression, bullying, stress, suicide/thoughts, substance abuse, family crisis and more.

National Suicide Prevention Lifeline

The National Suicide Prevention Lifeline provides free and confidential support for those in crisis 24/7 at 1-800-273-8255.

Mental Health Colorado

This advocacy organization hosts a variety of online mental health screening in both English and Spanish, a mental health toolkit for schools, a page dedicated to the latest mental health research, as well as a variety of events throughout the year.

Contact: Colorado Department of Human Services Office of Behavioral Health

Using this link, you can find the community mental health center nearest to you. All of the centers accept Medicaid and should have sliding payment options for those who do not have insurance.

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